

Camp School Winter 2018

Week One: 5 th November, 26 th November, 17 th December, 7 th January, 28 th January, 25 th February, 18 th March				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef Bolognese with Pasta	Chargrilled Chicken Fillet in a Bun	Roast Chicken Breast with Roast Potatoes or Wholemeal Pasta	Chicken Curry with Rice	Fish Fillet with Low Fat Chips or Pasta
Southern Style Quorn Grill with Pasta	Tomato and Veggie Sausage Pasta with Wholemeal Bread	Quorn Pieces in Yorkshire Pudding with Roast Potatoes or Wholemeal Pasta	Cheese Pinwheel	Cheese and Tomato Pizza Wrap with Low Fat Chips or Pasta
Jacket Potato with Beans or Cheese	Jacket Potato with Beans or Cheese	Jacket Potato with Beans or Cheese	Jacket Potato with Beans or Cheese	Jacket Potato with Beans or Cheese
Strawberry Mousse	Fruit Salad with Mini Shortbread Finger	Apple and Cinnamon Bun	Fruit Wedges with Mini Cookie	Chocolate and Beetroot Muffin
Week Two: 12 th November, 3 rd December, 14 th January, 4 th February, 4 th March, 25 th March				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Oven Baked Chicken with Rice	Lamb Lasagne with Side Salad	Roast Chicken with Sage and Onion Stuffing and Roast Potatoes or Wholemeal Pasta	BBQ Chicken Strips with Savoury Rice	Fish Fingers with Low Fat Chips or Pasta
Cheese Slice with Pasta	Quorn Hot Dog with Potato Wedges	Vegetarian Burrito Wrap with Wholemeal Pasta	Macaroni Cheese with Garlic Dough Balls	Cheese and Tomato Pizza with Low Fat Chips or Pasta
Jacket Potato with Beans or Cheese	Jacket Potato with Beans or Cheese	Jacket Potato with Beans or Cheese	Jacket Potato with Beans or Cheese	Jacket Potato with Beans or Cheese
Oaty Apple Layer with custard	Fruit Wedges with Mini Sponge Finger	Marble Sponge with Chocolate Custard	Fresh Fruit Salad with Mini Oat Cookie	Shortbread of the Day
Week Three: 19 th November, 10 th December, 21 st January, 11 th February, 11 th March, 1 st April				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mexican Lamb with Vegetable Rice	Chicken Pie with Potato Wedges	Roast Chicken Breast with Roast Potatoes or Wholemeal Pasta	Chicken Curry with Rice	Salmon Fish Fingers with Low Fat Chips or Pasta
Quorn Nuggets with Diced Potato	Sweet Potato and Chickpea Curry with Rice	Vegetarian Mince Tomato Bolognese	Roasted Vegetable Slice with Potato Wedges	Favourite Pizza with Low Fat chips or Pasta
Jacket Potato with Beans or Cheese	Jacket Potato with Beans or Cheese	Jacket Potato with Beans or Cheese	Jacket Potato with Beans or Cheese	Jacket Potato with Beans or Cheese
Yoghurt Muffins	Fresh Fruit Wedges with Mini Sponge	Chocolate Brickwall with Chocolate Sauce	Fresh Fruit Salad with Ice Cream	Forest Fruits Sponge

Available daily:
Freshly Baked Bread, A selection of Vegetables and Bowl Salads
Fresh Fruit, Yoghurt and Cheese & Biscuits