

PSHCE+ (Personal, Social, Health, Citizenship and Economic education) at Camp: A yearly overview of themes

Aut 1	Aut 2	Spr 1	Spr 2	Su 1	Su 2
SETTLE IN TO LEARN	SHOWING KINDNESS	LEARNING TO LEARN FOR THE FUTURE	STAYING SAFE	BEING A CARING CITIZEN	HEALTH & RELATIONSHIPS
<i>Linked to our rule 'To try my best with my learning' and establishing the rules and routines needed for learning.</i>	<i>Linked to our rule 'To show kindness' this theme explores relationships and the value of being kind.</i>	<i>Further develops work from theme 1 and linked to our rule 'To try my best with my learning'; this theme looks at ways to be a brilliant learner, knowing own strengths and interests.</i>	<i>Linked to our rule 'To keep ourselves and others safe' this theme includes explicit teaching of ways to keep ourselves safe using the PBs themes.</i>	<i>Linked to our rule 'show respect for ourselves, others and the environment' this theme builds on theme 2 and focuses on being part of a diverse community.</i>	<i>Linked to our rules 'To keep ourselves safe' and 'to show respect for ourselves and others' This theme provides opportunities to look at the importance of looking after ourselves, our feelings about change and SRE</i>
<ul style="list-style-type: none"> • Setting up a sunny climate in the classroom • The Golden Rules • Rights and responsibilities • Belonging • Recap PBs themes • Exploring feelings and problem solving skills <p>SEAL links: New beginnings Empathy, self awareness, motivation, social skills Learning behaviours focus: Resilience and Reciprocity.</p>	<ul style="list-style-type: none"> • Friendships • Anti-bullying • Conflict resolution <p>SEAL links: Getting on and falling out. Say no to bullying Managing feelings & Empathy social skills Learning behaviours focus: Reciprocity</p>	<ul style="list-style-type: none"> • Learning Behaviours • Work/careers/challenging stereotypes. • Money/financial education • Learning to learn skills • Setting goals <p>SEAL links: Going for goals. Good to be me. Motivation, self-awareness & managing feelings Learning behaviours focus: Reflectiveness, resilience, reciprocity, resourcefulness</p>	<ul style="list-style-type: none"> • Protective behaviours • Online safety <p>SEAL links: Managing feelings, self awareness Learning behaviours focus: Resourcefulness</p>	<ul style="list-style-type: none"> • Diversity • Racism • Inclusion • Looking after the environment • Being part of a community <p>SEAL links: Relationships Self awareness, managing feelings, empathy Learning behaviours focus: Reflectiveness</p>	<ul style="list-style-type: none"> • Physical health including drug education • Mental health • Healthy Eating • Changes • RSE <p>SEAL links: Changes Motivation, social skills, managing feelings Learning behaviours focus: Resilience</p>
					