

The Green Lunch Box Challenge

As part of **SustFest 23** please join us for the remainder of this term in our challenge to try and reduce the amount of packaging we use (and throw away) in our lunches and snacks at school or at home.

Our challenge is not about changing everything in our lunches and creating extra work for ourselves, but about seeing if there's something, even just one thing, we can easily change.

Easy changes could be

Ditching cling-film and using tupperware boxes for sandwiches or even re-using bread packaging to wrap them in. Or use tin foil which can be washed and reused and ultimately recycled.

Replacing individually wrapped biscuits/packages of crisps with biscuits/crisps taken from a larger packet and put in a tupperware box. By doing this we can reduce 7 pieces of rubbish to just 1. This is much cheaper too - individually wrapped packages of Oreos cost £1 for 12 biscuits (6 little packages) whilst a whole packet of Oreos costs just 60p and contains more biscuits.

Replacing wrapped items like Fruit Yo Yos or wrapped cheese snacks with loose items in a tupperware like dried fruit or cubes of cheese.

Using our water bottles at lunch rather than bringing cartons of drink.



To help us with our challenge **Eat Wholefoods** on Hatfield Road have very kindly offered our school a 10% discount (max spend £30.00). To claim your discount please show this letter (either printed out or electronically) at the till.

Collectively our **small changes** could make a **big impact!**

We hope you'll get involved!

The Eco-Committee